



**Colorectal Cancer Screening**

# Why screen for colorectal cancer?

## Screening for colorectal cancer can PREVENT cancer

### United States Preventive Services Task Force screening recommendations for colorectal cancer

Adults aged 45-75 should be screened using **one** of the following:

- High-sensitivity gFOBT or FIT every year
- sDNA-FIT every 1 to 3 years
- CT colonography every 5 years
- Flexible sigmoidoscopy every 5 years
- Flexible sigmoidoscopy every 10 years + FIT every year
- Colonoscopy screening every 10 years

Talk with your doctor about which test is right for you

Learn more at [www.screenmaine.org](http://www.screenmaine.org)

